

Thorpeness Golf Club & Hotel
Thorpeness, Aldeburgh
Suffolk. IP16 4NH
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Walk A

Beach, woods and heath

Circular walk approximately 15.1 km through varied ecological environments and their associated wildlife and flowers.

Can be muddy in places, not suitable for pushchairs or wheelchairs.

Route also available on www.ViewRanger.com

- 1. Leave hotel through reception and go right to the overflow car park on the far side of which will be found a small but signed path that takes you almost underneath The House In The Clouds. On reaching the road, go left and then right passing The Dolphin public house, stay on this road until it turns into a Private Road just after Beach Farm Cottage. At the end of the Private Road pass through into the grassed area beyond and follow the footpath that parallels the cliff top. A concrete block construction is found at the end, take the path down the slope in front of this building.
- Turn left and follow the beach until a grassy slope develops move onto a path that gradually rises to the ridge. Stay on this path, signed Suffolk Coastal Path, all the way to Sizewell.
- 3. On reaching Sizewell pass through the seaward side of the car park and then along a track in front of the power station. This area of vegetated shingle and dune is a valuable ecological environment. Enjoy views North to Dunwich cliffs and Southwold, on clear days. On reaching the concrete blocks that parade from the beach turn left onto the path signed for Kenton Hills. For most of the way along here you will follow the Sandlings Long Distance Footpath.
- 4. Enjoy the varied environments as you journey through this SSSI, staying on the main path through to the metal gate. On reaching the gate turn left along the track for a short distance then left into the car park and through the gate. Take the path through the wood until reaching a junction at the edge of the plantation, turn right until finding a small path off to your right with a number 11 sign. Go down the path, over the bridges and across Leiston Common. At the far side turn left through a gate and passing a house on your right.

- 5. At the sandy lane turn right and immediate- ly left keeping on the track / lane that heads towards the power station. Eventu- ally reaching the Sizewell road where you turn left and immediately right along a small lane signed towards Beach View Holiday Park. Just after the beautiful pink Daisy Farm cottage on your right there is a wide farm track, turn right along this track. At a large junction of multiple tracks and paths near a conservation area, continue straight, leaving the track and taking a small path.
- 6. After some distance a reservoir will be noticed on your left, life belts seem to be in a field. Turn left along a small but marked footpath that takes you over some sandy heath land. At a metal gate onto another wide sandy farm track turn right along the track. Where the track turns sharp left a Sandlings Walk sign will be seen, turn left and cross the road.
- 7. Keep on the footpath / track (not the golf course), ignoring the path close to a large green metal building. Take the next signed and well used path on your left that will meander around the edge of the golf course back to the Hotel where refreshments may be taken.

What you may see: -

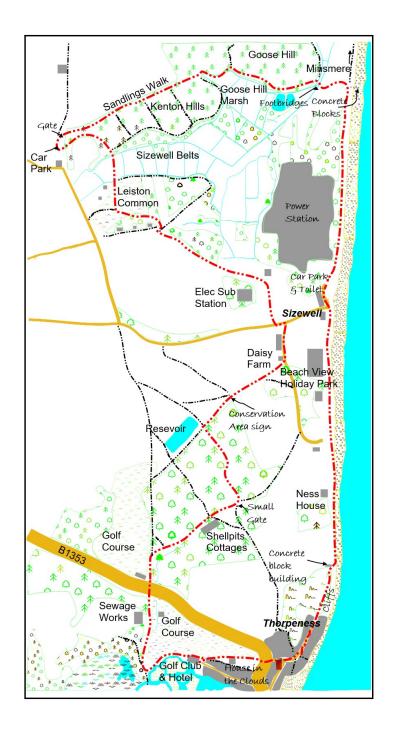
Plants such as— Yellow Horned Poppy, Sea Kale, Sea Pea, Tree Lupin, Gorse, Ling and Bell Heather, orchids,

Birds such: - Ringed Plover, Black Redstart, Hobby, Gadwall, Stonechats, Dartford Warblers, Skylarks, Nightjar, Nightingale, Linnets, Woodpecker, Kingfisher and many others

Mammals such as: - Rabbits, Deer, Otter, Vole.

Reptiles such as: - Adder, Lizard, Frogs, Toads, Newts.

Insects such as: - a range of Dragonfly and Butterfly.



Please follow the Countryside Code whilst on this walk, especially: -

- Take litter home with you
- Dogs to be kept on leads, horses are stabled adjacent to this walk, there are also working farms with livestock in the area
- Take dog excreta away to ensure others can enjoy the walk.
- Do not damage trees and other vegetation as these provide valuable habitat for the wild life.
- Care must be taken on the roads, they are relatively quiet but agricultural vehicles use them at all times of the day.



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